

# Standard Size Chart MEN'S SWIM | 2024 VERSION



International Sizing	XS	S	M	L	XL	XXL	XXXL
US/UK/AU	28	30	32	34	36	40	44
EU	44	46	48	50	52	56	60
<b>Waist (cm)</b>	75	80	85	90	95	100	105
<b>Hip (cm)</b>	89.5	94.5	99.5	104.5	109.5	114.5	119.5
<b>Waist (in)</b>	29.5	31.5	33.5	35.4	37.4	39.4	41.3
<b>Hip (in)</b>	35.2	37.2	39.2	41.1	43.1	45.1	47.0

Use a measuring tape and hold the tape securely around for key points.

- Ⓐ **Waist.** The waist is below the abdomen between the rib cage and hips.
- Ⓑ **Hip.** Measure the fullest part of the hip ensuring the tape is straight around the body.